

Embrace the Unexpected

Many times throughout the course of our lives unexpected situations will arise: Promotions or the loss of a job, birth of a new family member, loss of a dear loved one, a blown out tire while rolling down the highway, a delayed flight with a missed connection, all of these situations can be expectedly unexpected.

After the purchase of a used vehicle or piece of equipment, you may find some imperfections that were not quite so noticeable upon first inspection. While that is certainly frustrating, you may be pleasantly surprised to find the situation may be easily remedied for just a few dollars more or just a little elbow grease. You have a choice in how you deal with the situation.

Oftentimes we let our attitudes be influenced and determined by our environment. Unexpected things happen and we allow ourselves to be put into a sour mood. Feelings of helplessness and anger ensue. We may let a short temper get the best of us and say things that might make a rather harmless situation much, much worse.

Embrace the unexpected. Take some time to honestly reflect on the situation. Evaluate your possible actions or perhaps inactions. While it is difficult for some, once in a while it feels good to sit back and enjoy the ride. Other times it will be necessary to make decisions, and as a mentor once said, "Get that pony in the corral."

Without a doubt, unexpected situations will visit everyone's life. We can minimize some of the effects we feel from these situations. Stay calm. Evaluate the whole situation. Let the attitude you choose affect your surroundings. Plan for and embrace the unexpected.

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